



Dr. Mary Jo Cagle & The Greater Greensboro Society of Medicine  
cordially invites you and a guest to an evening with

*Dr. Ron Siegel*  
presenting "The Mindfulness  
Solution: Everyday Practices for  
Everyday Problems"

MAY 26<sup>TH</sup>, 2016

Cocktails 5:30pm

Speaker's Hour 6:30pm

Greensboro Country Club  
410 Sunset Drive, Greensboro, NC 27408

Please RSVP to [maryjoCHES@conehealth.com](mailto:maryjoCHES@conehealth.com)

by May 19<sup>th</sup>, 2016



Previous Events:

Code Black 12.11.14

Proof of Heaven 4.9.15

Brain on Fire 6.3.15

Emotional Intelligence 9.10.15

Gone in a Heartbeat 12.9.15

Stop Physician Burnout 4.5.16